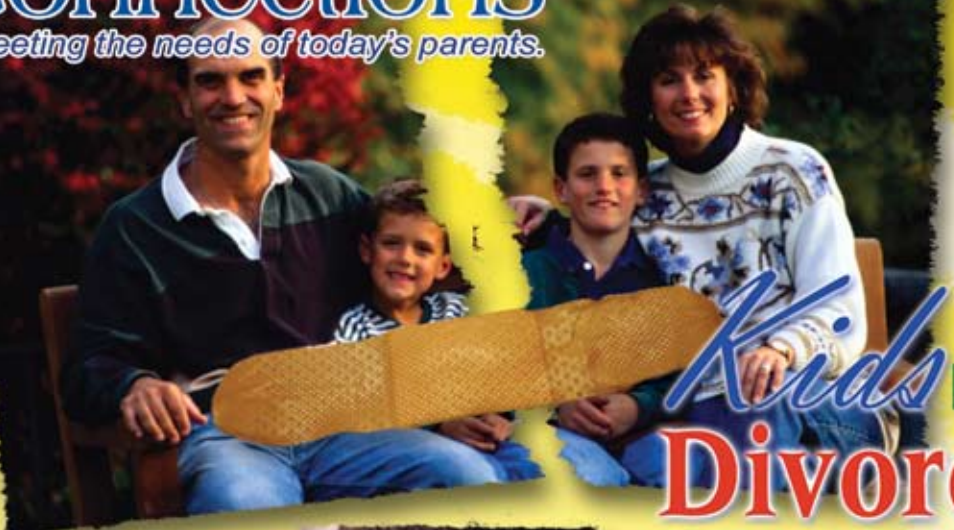


Family Connections

Meeting the needs of today's parents.



Kids and Divorce

MISSION STATEMENT

Family Connections equips parents with skills and resources to help them and their children through difficult life changes, including separation, divorce and other family challenges.



facts:

- Studies have proven prevention programs markedly reduce the likelihood of developing adjustment problems as adolescents.
- Prevalence of adjustment problems increased 23.5% among teens without active interventions.
- 20-25% of teens of divorce suffer significant problems, for instance, two times more mental health problems, substance use and sexual promiscuity.
- Skills training reduced 1 year prevalence of mental disorder in teens by 50%, boosting chances to avoid mental health problems four to one.



Family Connections
 P.O. Box 11103 ■ Fort Wayne, IN ■ 46855-1103
 Ph: (260) 426-9999 ■ www.familyconnections-net.org

Non-Profit Org.
 U.S. Postage
PAID
 Fort Wayne, IN
 PERMIT NO. 563

Family Connections

Meeting the needs of today's parents.



Don't make the mistake of thinking that you're the only one going through divorce... You can help your children through the rollercoaster of change.

Kids and Divorce



"I believe the benefits of taking a course like this would have been immeasurable for my sisters and I. Our parents didn't talk to each other, let alone to their children about the divorce. These courses would've let us air out our frustrations, help us realize that we weren't alone and that the divorce wasn't our fault."

—Derek L.

What The Courses Offer

features:

- Comprehensive - A focus on the developmentally critical, core issue for children in a changing family environment.
- Interactive - Innovative and engaging activities keep the interest level of children high and encourage active participation to gain the support possible.
- Companion Materials - Professionally illustrated Activity Pages provide each child with his or her own private keepsake from the program, which includes additional activities and a game they may play on their own time.
- Developmentally Designed - Age appropriate activities for children ranging from the age of three to the age of 18 to help children learn new ways to cope.

The Results Are Visible

benefits:

- Increased parental support.
- Children learn to use "I messages" to express feelings.
- Children learn they are not alone.
- Children can express feelings in a relaxed environment.



"The effects of a divorce in our family over 20 years ago may have not lasted this long if we'd had a preventative course, such as this to guide us through. My siblings and I still have to tackle mental illness, depression, and other instabilities as a result"
 — Melissa S.



Understanding Change

themes:

- A rollercoaster of change.
- Why change happens.
- Change means loss.
- A rollercoaster of feelings.
- Anger management.
- Coping strategies to handle turbulence, problem solving skills.
- More change will come.
- What I've learned through change.



A PARTNERSHIP WITH JUNIOR LEAGUE



JUNIOR LEAGUE OF FORT WAYNE

Kids and Divorce

registration form

These are voluntary workshops to help children better cope with the changes of divorce. Once we receive your completed registration form, we will contact you about scheduling a workshop.

Mother's Name: _____

Father's Name: _____

Phone & Best Time to Call: _____

Street Address: _____

City: _____

State: _____ Zip: _____

Email Address: _____

Name & Age of Child(ren): _____

note:

A fee of \$5 for one child, \$10 for two or more children.

Mail registration form to :
Family Connections
 P.O. Box 11103
 Fort Wayne, IN 46855

Ph: (260) 426-9999

On line: www.familyconnections-net.org